

No Quarter

Issue 3

August 2010

Hello and



welcome to the third edition of our not quarterly, quarterly newsletter, full of the latest news and information about the Charities that reside at 1 Victoria Road, Dundee.

Big topics this issue include:

VIP Worldwide

Police support VIP Programme

New websites for Izzy's promise and DV8

Why homophobia still continues to be a big issue

Accredited Training - new dates

See our sample VIP worksheet

And much more!

18u wins national charity award

There is a sense of high excitement in the 1 Victoria Road centre since Eighteen And Under were named winners of the 'Research Advice and Support' category at the 2010 National Charity Awards.

The award was given for the work done with the Violence Is Preventable (VIP) Project, a multi- award-winning abuse and violence prevention programme for children, young people and vulnerable adults throughout the UK and abroad.



To date the VIP Project programme has been delivered to over 100,000 children. In 2009 alone, the programme was delivered to 5,600 school children, 251 teachers, 560 children in community groups and 2,000 senior citizens and vulnerable adults. Training was also given to 36 agencies throughout the UK, including ten child protection agencies.

The delivery of the project manifested itself in around 10,000 telephone calls, 1,721 e-mails, 5,254 texts and 850 hours of face-to-face support.

Office Manager Irene Clarke and volunteer Carol Storrier were in London to collect the award - you can see an interview with them from youTube on www.18u.org.uk.





The VIP Programme is a multi award winning abuse prevention programme for children, young people and vulnerable adults throughout the UK.

VIP News

For the most up to date news about VIP visit www.violenceispreventable.org.uk or follow us on [Twitter](#). If you would like an ebook download or a hard copy of our resources catalogue, call us on 01382 206222.

VIP Worldwide

Our strategy for taking VIP all over the world is moving forward at a fast pace. Already we have formed partnerships in Poland, Palestine, Australia, Georgia, Brazil and England and we are actively seeking out more.

In terms of funding we have applied for UN funding as well as to several trusts and funds and hope that we can secure the financial support to help make VIP worldwide a reality.

Of course we have many resources that we can translate into other languages, but perhaps more importantly our worldwide reach will enable us to form a global view of all of the violence and abuse issues facing different communities and provide an opportunity to evaluate how different approaches to violence prevention work.

The University of Dundee, who have already done an extensive evaluation of part of the VIP programme will continue to work with us to achieve that aim.

Another complementary area we are seeking to expand in this area is our 'approved provider' scheme. Organisations that go through the training and evaluation process will be approved by 18u as providers of our extensive VIP programme. Again there is no reason why approved providers cannot be located anywhere in the world.

We are happy to speak to anyone or any organisation that feels they can assist in helping us make VIP Worldwide a reality.

Talking about worldwide...

Two workers went to Rome in June to attend the World Health Organisation's Violence Prevention Alliance meeting. It was heartening to meet other members from across the world, network with others, form partnerships and be part of planning the structure and future developments.

In June We took part in a national radio documentary and a live panel discussion about child abuse and how to stop it. This led to an increased demand for our support services and an increased interest in the V.I.P. Programmes.



Chilli the Chinchilla unfortunately died and left a gaping hole in our hearts and in our blue room - however we have since welcomed two new arrivals - more information later in the newsletter!

Police Involvement with VIP really helps

We were privileged to have 2 police officers working with us for a whole afternoon of V.I.P. sessions in one of the primary schools we are working in.

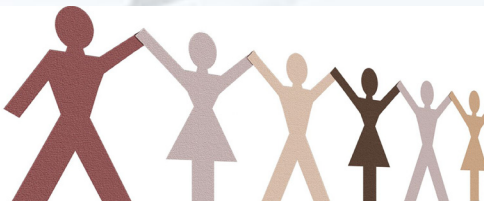


We used our 'Bobby Blue game' with the older children to discuss personal safety, community safety, police, legal issues and crime. The Police Officers loved the resource and the children like it too. With the younger children, we used our 'police knowledge' quiz to stimulate discussion and find out what the children's attitudes and awareness levels were so as to address issue and gaps. The police were extremely obliging, joined in the sessions fully and took the time to show the children their equipment and discuss police work with them. The officers also offered to be involved in further V.I.P. work!

This primary school has requested that we continue to visit to deliver more focused sessions with some of the children identified with particular difficulties. We have agreed! Positive feedback from the school has been that the children's behaviour has changed for the better, some parents have shown an interest and one boy with very challenging behaviour has not misbehaved since joining us for the V.I.P. sessions. Perhaps a coincidence but the teacher thinks not because this boy talks about the V.I.P. so positively.

New community based approach to VIP

We are set to launch V.I.P. in a whole new area of Scotland and try out a different approach. After a very successful presentation to a range of community-based workers and agencies, we are going to be able to try a wider community-based approach involving different agencies and individuals.



We are keen to develop and evaluate as many different approaches as possible, particularly in different communities, so as to ensure the most effective methods are being utilised. We will monitor and evaluate this closely.

See over for what's new with Izzy's Promise, DV8 and much more...

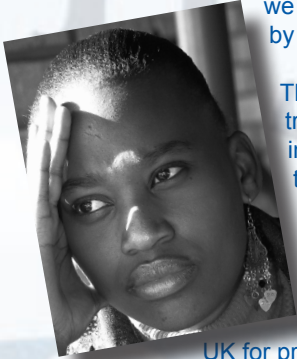


izzy's promise

Working to end RITUAL & ORGANISED ABUSE in the world

The Evidence Of Rituals in trafficking

In an effort to try and respond to problems affecting Black Ethnic Minority (BME) groups, we are conducting a survey aimed at identifying the support needs by such groups.



This project is also aimed at raising awareness and developing a training pack for use by support agencies and statutory agencies in understanding the needs of BME groups in the UK. Please take some time to complete the survey by following [this link](#).

This will take at least 10 minutes to complete and the results of the survey will be used in designing a training pack on BME awareness. The pack will shed some light on the evidence that rituals are being used in trafficking young people to the UK for prostitution and exploitation.

This pack will be useful for voluntary and statutory agencies that are in contact with BME groups.

New Improved website!

Our website has been completely revamped and is now much more user friendly. There is an open discussion forum which anyone can join and it also utilises a simple contact management system so that workers can easily update key content.

There are numerous links to useful information and details of our services as well as a link to an area of the rans site which has a private message board used to support survivors of ritual and organised abuse.

Our Twitter board is prevalent on the home page for the latest up to date news and goings on and current and previous surveys can be accessed via the surveys link.

Please [join our forum community](#) and let us know what you think of our new site.



Groups and Projects

18 Plus

Our newest charity, 18 Plus has a new logo and will very shortly have a new website and leaflet to help us to promote it far and wide.

18 Plus was started in February 2009 by a small group of volunteers to bridge a gap in support and information services for 2 groups of people; male survivors of childhood abuse and older people who are at risk of being abused or who may have unaddressed issues of abuse in their lives.

Older and vulnerable people

Older people are particularly at risk of abuse and many are isolated and vulnerable. There is an increasingly aging population and while it is widely recognised that older people are an at risk group, little is being done to address this.

We have found that older, more vulnerable people are, mostly unaware of abuse in all its forms, have limited experience in getting support and advice and they have limited services available to them. We found that many older people are survivors of abuse and many are so vulnerable that they are likely to be preyed upon and become victims.



Male survivors of Childhood sexual abuse

Since the late 1970s research has documented that 1 in 4 girls is sexually abused before her 18th birthday and that at least 1 in 6 boys suffers the same fate. Any person who has been sexually abused - male or female - experiences lasting effects and enduring emotional pain. Most of the organizations that serve survivors of sexual abuse have been created by women for women. Because so few people know that large numbers of males are sexually abused, male survivors have been unseen, neglected and therefore underserved.

Sadly, for males caught in this tragedy not of their own making, instead of needed understanding they confront profound misunderstanding in a culture that values invulnerability and denial of pain as essential qualities of manliness. Men simply are not allowed to admit that they have been sexually exploited and abused!

18 Plus will offer services such as: a helpline, 1-1 support, email and messageboard support. We will also utilise already established VIP resources and work to develop new ones.

18u latest...We have been shortlisted in the Charity Times awards in the category: 'Charity of the Year: with an income of less than £1m.' High excitement. [Click here for more!](#)

Your view?

We wondered what your views are on a couple of recent incidences in the news.

Two celebrities have been the limelight because of their sexuality. In the first instance, X Factor winner Joe McElderry was forced to come out in the press and admit that he was gay.

In the second instance, Clare Balding complained to the Editor of the Sunday Times because their columnist AA Gill termed her a 'Dyke on a Bike' when reviewing her new television programme. The Editor, in his reply to Clare's complaint, failed to see what the problem was, likening making fun of her sexuality to making fun of Jeremy Clarkson's dress sense.

Clare made a number of points in her reply to the Editor, including the following:

"When the day comes that people stop resigning from high office, being disowned by their families, getting beaten up and in some instances committing suicide because of their sexuality, you may have a point.

"This is not about me putting up with having the piss taken out of me, something I have been quite able to withstand, it is about you legitimising name calling. 'Dyke' is not shouted out in school playgrounds (or as I've had it at an airport) as a compliment, believe me."

She added: "I am happy to be described as a lesbian, as and when relevant, but 'dyke' is too often used as a pejorative and insulting term."

She has now complained to the Press Commission and has started a twitter campaign, hoping to receive a lot of backing and a favourable response.

We have encountered homophobia across all age groups from school children to the elderly whilst running VIP sessions, and we work extremely hard to change some ingrained and some learned attitudes.

We would be interested in hearing your views on these recent happenings, and any experiences you've had of dealing with such issues. Please join the discussion at www.d-v-8.org.uk

Do you have a view to share on the above article? If so, join the conversation on the DV8 message board.

Other news...

New DV8 website

As previously reported DV8 (Different Visions Celebrate) is now a charity in its own right and has received some start up funding. One of the first things to be implemented is a new website, complete with a message/discussion board and a Twitter account.

We will soon be working on other promotional materials to get the message out that DV8 is available to support young people who have issues with LGBT or who have family members who are LGBT. In the meantime we can provide support by telephone, email, message board and private online chat.



Two new workers

Two new workers have joined our ranks over the past couple of months. One will help with VIP promotions work, an ever growing area now that we are spreading our wings globally.

The other worker will work on our new 'Resolve IT' project which aims to tackle the growing issue of very young children who are being excluded from school. We have already gathered evidence that VIP can help with a multitude of behavioural problems and will be using our findings to support the development of new preventative approaches aimed at combatting this worrying trend.

Training update

We plan to have all our Accredited training programmes and training for trainer's programmes available by the end of this year. We are gearing up to be able to offer our training programmes nationally and internationally. The next V.I.P. Accredited training courses are to be held in Manchester on 23rd, 24th and 25th August and a further course is to be held in Dundee in October.



Training of staff and volunteers has continued unabated. As we have been upgrading and reviewing our policies with staff, volunteers and service users; training in policy, practice and procedures is essential to keep everyone fully up to date.

We have also had training on transgender issues, African culture and child protection in Africa, Hungarian culture and V.I.P.

We were offered 2 chinchillas that through no fault of their own needed to find a new home. We were of course happy to oblige given we had an empty cage. Tom and Jerry are 4-year-old brothers and are now happy living in a fabulous newly built 3-story cage thanks to our handyman volunteer.

Sample VIP Worksheet

available as an online and off line jigsaw - spot the dangers!



You can find out more about our charities by visiting our websites or by calling us on 01382 206222. You can also email lormac1053@aol.com or ask questions or initiate discussions on our various message boards.